

# COVID-19 VACCINES

## PLAIN LANGUAGE GUIDE



### What is COVID-19?

It is a new virus that has been making people sick all around the world. It is also called coronavirus. Getting the virus is bad for you.

### What is a vaccine?

A vaccine is like medicine. It helps you not get sick from something. You get a vaccine by getting a shot in your arm.



You have probably had lots of vaccines in your life, like the flu shot.



### What else should I know about the COVID-19 vaccine?

COVID-19 vaccines are free. Most require you to get 2 shots. You get the second shot a few weeks after you got the first one.

You must get both shots for these vaccines to work.

## Is it safe?

The government makes sure all vaccines are as safe as possible.

After you get the shot, your arm might be sore and you might feel tired or have a fever. This is normal.



## How can I get the vaccine?

Your doctor or support staff can tell you when and where you can get the vaccine.

Talk your doctor about getting the vaccine. If you don't know how to contact your doctor, your family, friends or support staff can help you.

## Do I still need to wear a mask after getting the vaccine?

YES! It's super important that you keep wearing a face mask, washing your hands and not being around lots of people.



It takes time for the vaccine to work. Doctors will tell us when it is safe to do things without a mask.